



**Apne Aap Women's Collective**

*the right to a better life for women and children in red light areas*



**AAWC**

**NEWSLETTER**

**APRIL-JUNE 2023**



**NEW ART FORM LEARNT BY THE GIRLS GOND ART  
THROUGH A SESSION CONDUCTED BY BRITISH  
ARTIST ANTOINETTE MACLACHLAN**



**All the drawings created by the girls learning about  
the details of Gond Art**



## HIGHLIGHTS OF THE QUARTER UDAAN PROGRAM



Garden Visit by the girls



Educational activity with the girls



Drawing session on Gond Art by Antoinette



Meditation by the girls



Karate classes with the girls



Music Classes with the girls

- One beneficiary scored 76.83% in her 12th standard examination.
- One beneficiary Topped the class in the first year in Fine Art.
- Mother's visit conducted to the new Nerul Shelter.
- Shift from Kamathipura to Nerul Shelter and it's setting up undertaken.
- Admission process of the girls in Navi Mumbai completed in NR Bhagat School, Motilal School and Guru Gobind Singh Education Academy.
- Initiation of "Change Matrix" English classes with the girls at the Nerul Shelter.
- Ms. Antoinette Maclachlan session conducted on Gond Art for the girls.
- Preparation of girls ongoing for 'Kinder Kulture Caravan' Germany.
- National and International day celebrations undertaken in the centers.
- Garden Visits regularly conducted with the girls.
- Counselling sessions being undertaken regularly with the girls.
- Cooked meal provided in FR center in collaboration with Ratna Nidhi.
- Counselling sessions being undertaken regularly with the girls.



## HIGHLIGHTS OF THE QUARTER UMEED PROGRAM



World Yoga Day Celebration with the women



Dance Therapy for the women



Cooked meal distribution in the community



Computer class for the women



Menstrual Hygiene Session for the women



General health camp for the women

- Initiation of dance therapy for the women beneficiaries for mental health wellness.
- Sanitary Napkins distribution and Awareness on hygiene and use conducted with women.
- Tailoring, Embroidery and Computer classes ongoing with the women in the vocational training center in KP, FR and Turbhe.
- Regular awareness session conducted in regards to health, nutritious food consumption, days of importance etc.
- Awareness session in the community was conducted on hearing in collaboration with Mont Fort Care and also a hearing test camp organized for the children in the community.
- Ration distributed in all three centers to beneficiaries suffering from HIV/TB and Cancer
- Cooked meal distributed in the community to 200 women in collaboration with Ratna Nidhi Trust
- Immunization camp conducted for the children in the community
- General camp and cancer camp conducted with the women beneficiaries in KP, FR and Turbhe center
- EID celebration undertaken with the women
- Hygiene Kit distributed to the women in Kamathipura center
- Fixed deposit opening program was undertaken for the women in the post office of Kamathipura.
- Awareness session undertaken on hiring/recruitment in the community
- World Yoga Day celebration along with the women at Gaurabai hospital.

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THANK YOU