



AAWC

the right to a better life for women and children in red light areas

Annual Report 2019-20



Umeed



Udaan



Umang



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FROM THE DESK OF THE CEO

Dear Friends,

Greetings from Apne Aap Women's Collective!

I would like to take this opportunity to sincerely thank all of you for your constant support towards our cause and also present you with Apne Aap Women's Collective's Annual Report for F.Y. 2019-20. I'm pleased to let you know that this year we were bestowed with increasing recognition of our work on both national and international levels we received the Mahatma Award for Social Good 2019 and badges from Global Giving for top ranked, staff favourite, vetted organization for 2019-20. It was a privilege for me to receive the Inspire Awards 2019 for Leadership and Vision.



We are also glad to inform you all that in 2019, AAWC expanded resulting in opening of a new centre at Turbhe to identify and address the women's needs in red light area by providing adequate services.

In the previous year we were able to introduce vocational training classes of fashion designing for our women beneficiaries with the aim to inculcate the skill, empower them and expose them to alternative career choices that would lead them towards a dignified life. Seven Udaan beneficiaries became a part of a commercial drama group known as Red Nose Juniors. Through constant practice, effort and developed theatrical skills these children got an opportunity to perform clowning act across the state in front of varied audiences. These beneficiaries have become a role model for many other children.

For the second consecutive year Udaan beneficiaries got selected to be a part of the "Brave Kids Children International Festival" held in Poland. The selected Udaan girl beneficiaries along with the rest of the participants from twenty other countries during the visit got an opportunity to teach and lead each other, exchange ideas, skills and approaches which has brought about an overall improvement in their behaviour, and boosted their confidence. It was a proud moment for AAWC when our Udaan beneficiaries won multiple Gold, Silver and Bronze medal in the state level Karate Championship in Mumbai as a result of the continuous Karate classes being undertaken by them throughout the year.

The extensive effort put by our outreach team to reach the women in the area has led to an increase in the number of new enrolments of women beneficiaries in the Umeed programme. The educational activities conducted with our Udaan beneficiaries has led all our children passing their exams with flying colours. The nutrition being provided daily to the beneficiaries has brought about an overall development in health of the shelter based Udaan and Umang beneficiaries which was noticed due to a decline in the number of medical referrals being conducted.

During the previous year we were able to conduct all our annual event successfully which comprised of Annual drama event, Annual sports day for Udaan and Umang, Annual Picnic for Umeed, Udaan and Umang and felicitation programme for our Udaan beneficiaries.

In the Tata Mumbai Marathon 2020, AAWC was supported by individual runners and corporate teams. We would like to especially thank Bjorn Anders Eklund, Avinish Kumar, Chetan Mehta, Hexaware Technologies and Transworld group for running for our cause.

The year was eventful but during the closing of the financial year we were impacted by the lockdown due to the Global pandemic COVID 19. The Lockdown imposed immense challenge towards the organization as a complete streamlining of the process had to be done. We had to adapt techniques that would in no way hamper or impact our beneficiaries. Thus, thorough awareness sessions were conducted, sanitization of the shelter home was done on a regular basis, utmost care of the health of the beneficiaries were taken in the shelter, arrangements were made for the beneficiaries in the area to help them meet their basic requirement of food, health and hygiene.

Apart from this, various other challenges were related to space constraint, difficulty in making of passport for beneficiaries due to unavailability of documents, sudden order in mid heavy rains to shift Falkland road centre in Sindhi Galli, close of a partner shelter home suddenly where our beneficiaries were placed for further education etc. Challenges were faced but we did learn through this process and were successfully able to overcome them to a certain extent. Considering the changes coming forward due to the current situation of COVID we are positive that we would be able to adapt to the changes successfully and be able to support our beneficiaries in the best possible way.

Once again, I am very sincerely thankful to all our volunteers, partners, supporters, board members and dedicated staff team for their perpetual support in making these developments possible.

Regards,
Manju Uyas

MANAGING COMMITTEE

ASHIKA MEHTA, PRESIDENT



Ashika Mehta has served as the President of the Managing Committee since 2012. She received her Bachelor of Arts in Psychology from Uassar College and went on to receive a Master of Social Work degree from Columbia University. She currently works as a psychotherapist.

AMRUDA NAIR, VICE PRESIDENT



Amruda Nair has served as Vice President of the Managing Committee since 2012. She has a Master of Management in Hospitality degree. She currently serves as the Head of Corporate Asset Management at The Leela Group and published of The Leela Magazine

MANECK DAVAR, GENERAL SECRETARY



Maneck Davar has served as our General Secretary since 2010. He is the sole proprietor of Spenta Multimedia, the largest custom publisher in India. Maneck also serves as Chairman of the Society for the Protection of Children in Western India.

SUDARSHAN LOYALKA, FOUNDER/TREASURER



Sudarshan Loyalka is the original founder of AAWC. He received his Bachelor of Science Degree in Engineering from the University of Washington in Seattle. Today, he is the Managing Director and Board Member of several public companies.

ADMIRAL VISHNU BHAGWAT ,COMMITTEE MEMBER



Admiral Vishnu Bhagwat has been a member of the Managing Committee since 2004. He graduated from the National Defence Academy of India and is a former chief of Naval Staff of India. He has received both AUSM and PUSM medals in honor of his service.

JAGDISH JOSHI ,COMMITTEE MEMBER



Jagdish Joshi joined us as a committee member in 2016. A former member of the Indian Administrative Service, he has held important positions in the Government of Maharashtra and Government of India.

BHAGWATI PRASAD MANGAL,COMMITTEE MEMBER



Bhagwati Prasad Mangal joined as a Committee Member in the year 2019. He is the Managing Partner at Agarwal and Mangal Chartered Accountants. He has completed his education in B.com, L.L.B. (Gen), A.C.S., F.C.A and has an experience in the field of Accountancy, Audit of Various Companies and Banks, Taxation and Company Law Matter.

VANDITA MORARKA,COMMITTEE MEMBER



Vandita Morarka joined as a Committee Member in the year 2019. She is the Founder and CEO of One Future Collective and a Local Pathways Fellow, with the United Nations Sustainable Solutions Development Network. She is currently also on the Board of Studies for Political Science at Sophia College for Women (Autonomous), Mumbai

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ABOUT AAWC

AAWC was established in 1998 in order to work with one of the most underprivileged and isolated sections of Mumbai's society, women in brothel-based prostitution and their children. What began as a one room drop-in center soon developed into a resource center with professional counseling services, medical care, micro savings, and other services. We have designed three programs: Umeed for women in brothel-based prostitution (18+ years), Udaan for their daughters (5-18 years), and Umang for their toddlers (2.5-5 years). By providing our beneficiaries with the tools and resources to create a better quality of life, we seek to empower those women who have been trafficked into brothel-based prostitution, to prevent the intergenerational cycle of prostitution amongst their daughters, and to assist the toddlers in becoming healthy and responsible citizens. Today AAWC operates three centers in Mumbai, shelter home in Kamathipura, a day care in Falkland road and Turbhe road.

MISSION:

To provide a caring and supportive platform of wholesome services to help women, girls, and children in the Red Light Area make choices for a dignified and better quality of life.

VISION:

To provide the tools and resources for empowerment to trafficked brothel-based prostitutes, their daughters, and children in Mumbai's Red Light District, and to prevent the cycle of inter-generational prostitution

WHO WE SERVE?



Awareness session with the Umeed beneficiaries

Based on a report published by the Govt of India, 2016* there are approximately 10 million sex workers in India out of which 1,00,000 belong to Mumbai alone which is Asia's largest sex industry center. Some of the predominant causes for sex trafficking are economic deprivation, forcible entry by a relative, deception, religious tradition, and strenuous family structure. For many women, especially for those in rural areas, there is a dearth of education and income-generating opportunities and thus they fall prey and get trafficked for sex trade. Even though the Devdasi system has been abolished in India, still old Devdasis are continuing in Kamathipura.

In Kamathipura, women are mainly trafficked from Maharashtra, neighbouring states such as Tamil Nadu, Karnataka, Andhra Pradesh and country such as Bangladesh. AAWC serves those that find themselves in the sex trade, including other marginalized women associated with brothel-based trafficked prostitution

LEGISLATION

The Trafficking of persons (prevention, protection and rehabilitation) Bill, 2018:

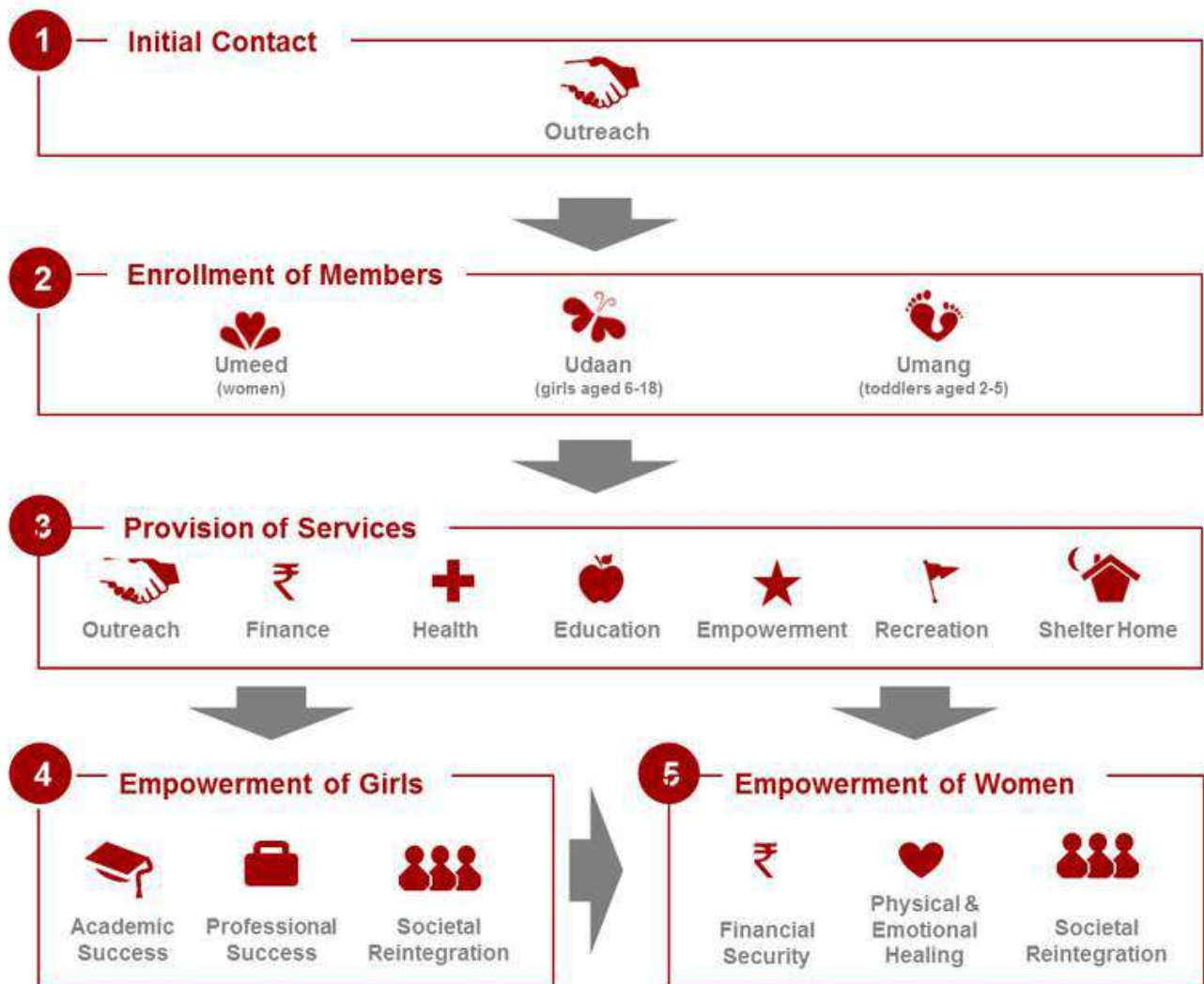
- The Bill defines trafficking to mean: (i) recruitment, (ii) transportation, (iii) harbouring, (iv) transfer, or (v) receipt of a person for exploitation, by using certain means. These means are the use of threat, force, abduction, fraud, deception, abuse of power or through inducement. Exploitation includes physical or sexual exploitation, slavery, or forced removal of organs.
- The Bill also classifies certain purposes of trafficking as 'aggravated' forms of trafficking.

To know further request you to refer to <https://www.prsindia.org/billtrack/trafficking-persons-prevention-protection-and-rehabilitation-bill-2018>

THE PROTECTION OF CHILDREN FROM SEXUAL OFFENCES (AMENDMENT) ACT, 2019: The Act seeks to protect children from offences such as sexual assault, sexual harassment, and pornography.

To know further request you to refer to <https://wcd.nic.in>

THEORY OF CHANGE



PROGRAMMES OVERVIEW

UMEED

The objectives of the Umeed Program are to help women who have been trafficked into prostitution with their physical, mental and economic well-being. Umeed is a constant empowerment program, which aims at a holistic and overall development of the beneficiaries through services such as outreach- the outreach team helps identify potential beneficiaries, conducts field visits, provide aid in obtaining identity documents (Voter Card, Ration Card, PAN Card, Aadhar card) which enable them an access to government benefits and schemes. Finance/financial literacy, empowerment/ vocational training, education/ adult literacy, health- mental & physical such as medical referrals, medical monthly check up/ health camps/ nutrition, counselling, recreation and shelter home placement. Since these women enter prostitution at a very young age, they are uneducated and unskilled, which makes such an empowerment process imperative.

UDAAN

While serving the women in brothel-based prostitution, AAWC realized that their daughters were at a greater risk of entering the cycle of inter-generational prostitution due to their close proximity to sex trade. They were normalized to the act of becoming a prostitute, did not have any positive role models, and thus no alternative aspirations for the future. By encouraging these girls to develop a passion for education, and inculcating self confidence in their unique talents. Unlike community programs that rely on vocational training in low-wage positions, we equip our girls to pursue aspirational professions and enable genuine socioeconomic mobility.

The services provided to the girls include formal and informal education which involves enrollment in government and private school, tuition after school, mentor mentee programmes, exposure visits, educational vocation classes, educational workshops and career guidance oriented exposure visits which exposes the beneficiaries to various professions, health includes both physical and mental health which consist of monthly check ups, medical referrals, quarterly medical camps, daily nutritional meals and multivitamin supplements, counselling, art therapies, involvement in extracurricular activities such as dance, drama and music, recreational activities and shelter home services. Along with these services various job skill trainings are conducted and Job placements are provided to the beneficiaries for their economic independence away from red light area after the completion of their education.

UMANG

The objective of our Umang Program is to help toddlers (ages 2.5 to 5) develop physically, cognitively, emotionally, and socially in preparation for formal schooling. AAWC realized that children are left unattended and loiter around on their own in the community as the mother's/ women beneficiaries are physically and mentally unable to look after the children due to their erratic long working hours. Hence the children witness explicit sexual acts, various illicit activities prevalent in the area such as drug peddling and gambling which makes them easily vulnerable and gullible for the dealers to exploit them. Moreover, the exposure of the community has an overall unhealthy impact on their young minds. Very soon they start aspiring to become the most powerful goon of the community or the area.

As a result, AAWC started working with the children in the red light community by providing them with a safe and secure environment through various services such as regular kindergarten classes, e-learning sessions, social and life skills sessions, health services both physical and mental which includes daily nutritional meals and multivitamin supplements, medical referrals, monthly medical check-up, quarterly health camps, counselling sessions, therapies, recreational activities, shelter home services and boarding placements.

SUCCESS STORIES

1) Rekha* has been part of AAWC for 2 years. She always observed the outreach worker (ORW) who taught her neighbors, friends etc. but she never showed interest in learning but ORW never gave up and kept trying to convince her to enroll into the adult education programme but somehow, she avoided ORW and neglected this idea. But she attended the monthly meetings regularly and was more aware than other beneficiaries. Through persistent coaxing ORW was successful in enrolling her in our Adult literacy classes. Initially her thought process would be negative that she will not be able to write her name, but she finally overcame her negativity and learned to write her own name after months of practicing.

As Rekha* was enthusiastic and more aware she decided she will buy a second hand scooty bike for herself for which she applied for a driving license. When she was submitting the application, RTO officer asked her to put her signature on a machine which was very new for her, first she was hesitant and felt as if she can never write her name but somehow she tried writing her name on the machine and her signature was seen on the monitor. As she saw her name on the screen she felt good and proud, her application for driving license got approved. Also she could appear for the computerized test for the eligibility of the license which she passed. It was an achievement for Rekha* as well as the ORW team who consistently worked with her to get her to this stage.

2) Rima* age 4 years, when enrolled in the Umang Program could not even hold a spoon. Due to the health condition. Annoyed by the cranky behaviour mother hit the child which made the child replicate a similar behaviour in the center. Understanding the issue child was facing the teachers focused and tried to improve the health of the child by providing the child with timely nutritious meal. They also oriented the mother about the issue and how she could take care of the child. The child started showing improvement in health and showed controlled behaviour. The child now participates in all the activities and is one of the sincere children in the Umang Program.

3) Riya* Age-13, has been enrolled in Udaan programme last year. When she joined she had a lot of inhibitions in staying at our organization. She used to cry loudly, throw tantrums & get hostile. She underwent couple of counseling session where she got an opportunity to be comfortable and share about her traumatic background freely.

After these sessions we took an action of enrolling her in school along with different vocational classes. She loves these classes as it has helped her divert her focus and calm her down. Being a bright child she has picked up the pace and participates in all the activities of the center. She was awarded the best sports girl during our annual sports day for which she was appreciated by all the staff. She loves the organization and never wants to leave it. As an organization it gives us immense joy to see Rekha improving by leaving all the challenges behind that she had faced in her life.

4) Ritu* 5 years old, she was enrolled in AAWC night shelter two years ago. When she was enrolled she was very weak, she could not even walk properly as her mother suffers from health issue she could not take care of her daughter's health properly. Instantly Ritu was given five times nutritious meal according to the diet chart along with calcium and Vitamin D syrup on daily basis to strengthen her bones. Considering her weak health, teachers started conducting fine and gross motor skills activities with her. Teachers also observed that she had not developed her speech when she was 3 years old, so they focused on her language development as well. With such continuous efforts of teachers, she started showing improvements while playing games and reciting poems. Not only her muscles strength improved but also she started to speak in lower tone. Day by day she is improving, her participation in the outdoor activities has increased tremendously.

5) Rabiya* 63 years old at a very young age by her family was made to follow Devdasi system as part of her cultural practice which led her to follow prostitution as a profession. Continuously being in this profession infected her with HIV. and she has been suffering from it from a couple of years along with HIV she has also been affected with cancer due to her age no one was willing to help her when she approached AAWC she was not in a situation to handle her stress, problems, and situations. Regular psycho-social support and counselling sessions helped her come out of it. AAWC referred her to Nair hospital for her cancer treatment due to which she is undertaking chemo sessions to fight cancer; AAWC also helped her get basic identity documents so she will get the access of all the government welfare schemes.

ONGOING ACTIVITIES

OUTREACH

Outreach is being carried out in a regular basis. This regularity helped build rapport, and spread awareness about the various service provisions that can be availed by the women and child beneficiaries. It has been noticed that immense change in behaviour is shown by the women beneficiaries as they are welcoming, respectful and show immense happiness in meeting the outreach worker during home visits. The mothers whose children are enrolled in our Udaan and Umang programme are followed up regularly and updated about the progress of their children and issues regarding absenteeism and importance of education and health for their overall development. It's been noticed that mothers have started taking interest in knowing about the developments the child is making.

From 2019, we can see constant and gradual increase in the number of new enrolment which shows that Outreach is successful in reaching out to more and more women.

Field visits
Umeed- 88771
Udaan- 1600
Umang-1366

"Didi thank you for visiting us daily we really feel happy to see you"



Outreach in the area

"I feel good that I am able to read and write that I wasn't able to do as a child for which I am thankful to the agency"

Education:

In the previous year it has been seen that immense interest has grown among beneficiaries to learn. Their motivation is visible when they themselves approach the outreach team and ask them to help them learn new things every time. Adult literacy includes learning of basics such as alphabets, numerical, simple plus or minus calculation, small monetary transactions, they have also started to be able to write their names and sign on documents. Certain beneficiaries at an advanced stage of learning have also learnt to read which helps them easily identify different identification documents and protects them from the vulnerabilities of being cheated.

It has been noticed that certain beneficiaries do understand the importance of education now as they always mention that they would like their children to be educated well so that even they can learn from them. Beneficiaries associated with the adult literacy programme have also started motivating other women to join the same by reiterating to them and showing them what they have learned and how it helps them. The Udaan beneficiaries are enrolled in formal schooling which includes both private as well as government schools in different medium.

It has been noticed that the beneficiaries are able to grasp what has been taught in school and incorporate in their daily lives helping them attain success in academics which leads them to a successful career path. Along with schooling daily tuition classes are conducted at the centre to support them with their studies.

The Udaan beneficiaries also attend various additional classes such as computer class, spoken English class which help them improve their skills in communication, technology etc. lots of awareness sessions are conducted with the beneficiaries to empower them and provide them knowledge about self and varied issues.

The Umang beneficiaries attend Balwadi (Kindergarten) in the centre as a learning process of basic education and a preparation of toddlers to endow them with quality and social skills for main stream schooling. Special attention is provided to improve their gross motor skill, enhance confidence and improve communication among the children.

Adult Literacy for women 56 new enrollments
Annual percentage pass of girls 100%
Kindergarten 26 new enrollments



Educational activity conducted with Umeed, Udaan and Umang

"I can now send money home safely without having any doubt if the money has been received by them or not"

Financial Literacy:

Financial literacy is an important aspect of education for the women beneficiaries as we teach them and make them aware about saving and opening of bank account. Initially the beneficiaries in the area were not open to the idea of opening a bank account or even a post office account but due to constant follow up and reiterating the importance of holding a bank savings account the beneficiaries have slowly started grasping the entire idea.

Before the process of opening of an account had to be completely initiated by us but constant awareness sessions have lead the beneficiaries to approach the bank themselves to initiate the process. They do seek help in filling of forms and making of documents but their confidence has been boosted. Financial Literacy has also introduced women to an easy way of money transferring that has completely curtailed their chances of exploitation and getting cheated. It has been seen that financially independent women often motivate other women in the community.

The Udaan beneficiaries have also been introduced to the concept of money, the way of calculation and have also been explained the necessity of planning and importance of saving through innovative ways of group discussion, games etc.

Sara has been associated with AAWC since 9 years. She is suffering from HIV as well as MDR (Multi drug resistant) TB. Initially she was reluctant to even accept her health condition, she was in denial phase which resulted in late treatment. After rigorous counselling, she agreed to start her treatment. However, she stopped taking ART (Anti-retroviral Treatment) for HIV. For few months she did not take medicines. ORW team convinced her and immediately started ART once again from the nearby ART centre. ORW take her follow up daily. Since then she has been taking her medication on regular basis. ORW check her CD 4 report and now her CD 4 count has increased than earlier. Her improving health has boost her confidence and hope of living a healthy life.*

Bank Accounts opened

Umeed-43

Udaan and Umang

18



Nutrition distribution among women beneficiaries

Physical Health:

Health camps such as regular health check up camps, dental camp, eye camp, cancer detection camp are conducted on a regular basis for Umeed, Udaan and Umang beneficiaries. Medical referrals and Monthly check-up were conducted of the beneficiaries on a regular basis.

Regular follow ups are conducted with the people living with HIV/ Aids (PLWHA) beneficiaries and a track of their CD4 count is maintained, they are also provided with daily nutrition. This year looking at the specific need of PLWHA beneficiaries, ration programme once a month was introduced to help them meet their minimum nutrition requirement on a daily basis. Considering the overall health development, the Udaan and Umang beneficiaries are provided with five times nutritious meal based on a diet chart. They are also provided with multi vitamins and moringa seed on a daily basis which helps in boosting their immunity.

Health awareness on varied topics such as hygiene, self-care, cancer, menstrual hygiene etc were conducted with the beneficiaries. All these provisions have helped spread awareness about various diseases amongst the beneficiaries, it also helps them understand the importance of availing medical facilities and importance of continuation of any treatment to have a healthy body.

Provision of nutrition for women beneficiaries make them realize the importance of healthy eating and its impact on their immune systems. Tracking cd4 count of beneficiaries gives us an idea of the health status of a PLWHA beneficiary and the impact of the ART they are undertaking. Regular medical referrals of beneficiaries to the hospital have helped beneficiaries curtail the fear of visiting a hospital and made them clear and comfortable about the processes that requires to be followed in a hospital which has led to many beneficiaries independently visiting the hospital effortlessly for any kind of medical support.

Through the provision of our health services we are able to reiterate to the women beneficiaries the importance of living healthy and been able to bring about an overall development in the health of our Udaan and Umang beneficiaries as a decline in the number of medical referral has been observed. Considering the fitness aspect of our Udaan and Umang beneficiaries they are engaged in yoga session and they are part of regular Karate session. These sessions not only help them maintain their physical fitness but it also equips them with confidence and self-defence techniques which would help them protect themselves in any difficult situation.

Mental health:

Rigorous counselling sessions are conducted with the women beneficiaries to be able to understand their mental state of mind, issues they are facing and provision of a platform for them to speak their heart out. It has been observed that through these sessions beneficiaries are able to open up to the outreach team and gaining confidence in speaking and expressing their feelings. In comparison to previous years as they had trust issues and were unable to really express themselves and even hesitant in answering to any questions. Now beneficiaries have started building the trust on the team and they say talking to the outreach workers makes them feel better and makes them feel like someone is there to listen to them. This sort of feeling in the beneficiaries has given rise to a positive thinking which has made them optimistic and a reduction in self destructive behaviour is noticed.

Health Camps

Umeed-402

Udaan -301

Umang-172

Medical referral

Umeed-1788

Udaan -37

Umang-71

Couselling

Umeed-639

Empowerment:

In the year 2019 various sessions were conducted which comprised of the legal, financial, health and social awareness for Umeed and Udaan beneficiaries. These sessions have made the beneficiaries aware of their rights and differentiate between right and wrong or what action is acceptable and non-acceptable.

The Udaan beneficiaries through these awareness sessions are able to understand about themselves, their rights better, they are developing their leadership quality which will immensely be useful for their future endeavor. It has been noticed that attending these sessions have brought about an overall development in the behaviour of women beneficiaries. They have immense respect for the outreach team and look forward to gaining more knowledge about various aspects of life.

The process of procurement of Government identity document and the importance of holding these documents safely have been explained to the women beneficiaries. An improvement in the thought process has been observed as they have been keen in making all the documents. They state that attainment of these documents gives them a sense of belongingness and confidence.

Sarita ran away from home and married at the age of 16 an old man with no livelihood she was physically abused and faced a lot of difficulty when she had two children extreme poverty brought her to the red light area as she was uneducated and no source of earning. Initially it was very difficult for her to sustain in this area, continuous torture, financial exploitation made her life miserable even though she used to earn decent money which was sufficient for herself and the children. As she came in touch with our outreach team she expressed to learn but not in front of everyone she was then enrolled in the adult literacy programme. Through Adult literacy she learned and got awareness about boarding places for her children. She placed both of her children in boarding's. Through financial literacy she learned the method of saving and by her saving she also bought herself a home in the suburbs and currently she has enrolled herself in the tailoring class She is regular and has a lot of interest to learn. she now wishes to start her own tailoring shop.*

In the previous year from the aspect of empowering women fashion designing classes were introduced. The simplification of the teaching process raised immense interest in beneficiaries to learn. This has led them to put in complete effort to make and learn various commodities. Their interest is seen as they continue to practice whatever learned in the center as well as at home. The enrolment of beneficiaries in different training sessions have made it possible for beneficiaries to attain job and move towards living a dignified life. We have witnessed in the past year that beneficiaries are earning their living by working in garments factory, bag making factory, biscuit factory, they are also working as care givers in NGO's and also house help. To develop skills in Udaan beneficiaries regular fashion designing classes are conducted with the beneficiaries the elder Udaan beneficiaries have advanced in their embroidery skills which was well noticed as they were able to make wonderful designs on Kurta's, bags etc. The younger Udaan beneficiaries are well acquainted with the basics of stitching.

The Udaan beneficiaries are also trained in theatre and music which inculcates a new skill in them. Beside group dynamics and team building Theatre training helps them express their emotions and understand key aspects of theatrical skills and Music classes helps beneficiaries get acquainted with varied musical instruments, learn and practice them it also includes vocal practice sessions. These classes expose the beneficiaries with various opportunities to develop their self-confidence and also provide them an exposure to varied career choices they could make in future by understanding their skill sets. Drama and music also have therapeutic impact on beneficiaries. Drama helps as they are freed of their inhibitions and pent up emotions as they express themselves freely. Music has a soothing effect on the beneficiaries being engaged in the activity relaxes their mind and enhances calmness in them. In the past year immense interest is noticed in beneficiaries towards all extra-curricular activities. They have participated in various events in school and centre without any hesitation and won accolades for the same.

Activities Conducted

Umeed-145

Udaan-748

Umang-407

SNIPPET OF THE ACTIVITIES CONDUCTED



Recreation:

We celebrate all the festivals with Umeed, Udaan and Umang beneficiaries. For women beneficiaries it is an opportunity to leave behind all their troubles and enjoy themselves. Udaan and Umang beneficiaries attain knowledge about varied festivals, its importance and the way it is celebrated. The gatherings help women beneficiaries to come closer to each other and inculcate a sense of belonging in the community similarly the celebrations help Udaan and Umang beneficiaries bond with each other, relax and enjoy themselves. This year festivals such as Diwali, Rakshabandhan, Holi, Christmas, EID etc. was celebrated.

The beneficiaries are also taken for annual picnics wherein they together get to spend the whole day by engaging in different activities such games, singing, dancing site seeing etc. The recreation helps increase the happiness index among the beneficiaries as it provides them with mental peace and enjoyment. The beneficiaries are encouraged and guided to take the appropriate responsibilities in organising these events.

Shelter:

Shelter facility in Kamathipura area is provided to Udaan and Umang beneficiaries to provide them with a safe and secure environment to help them develop holistically away from the community. Women who are terminally ill face accommodation issues due to lack of money and are unable to pay the rent on a daily basis and are forced to live in the streets are referred to shelter home facilities. Through this provision woman attain a safe and secure environment to live in and also support is received to get better health care facilities which are important for the terminally ill.

New night shelter enrollment
21



Festival celebration and garden visit

HIGHLIGHTED ACTIVITIES OF THE YEAR

Participation of beneficiaries in the Brave Kids Festival Poland:

Braue Kids Children International festival's 2019 theme was "children teach children" this event brought together children from all over the world in an atmosphere of friendship and respect for each other's culture. Under the guidance of the project facilitators, the selected Udaan beneficiaries along with the rest of the participants from twenty other countries during the visit got an opportunity to teach and lead each other, exchange ideas, skills and approaches. During the stay the selected girl participants lived with trusted host families in Poland, and experienced closely their culture and lifestyle. Apart from this, they performed and participated in various workshops that taught them about various art forms of different countries and also got an opportunity to teach our art forms to others. The selected Udaan beneficiaries encountered children between the age group of 8 years to 14 years from countries like Peru, Kazakhstan, Palestine, Uganda, Greece, Russia, Iran, Lithuania, Syria, North Korea, Al Salvador and many more. Children from all the participant countries played, sang, danced and spent significant time together.

The girl participants from AAWC presented an energetic dance performance which was a fusion of two dance forms of India. It has become an anthem of the event as all the other participants enjoyed the rhythm and beat of the song. An excellent show case of the talent by our beneficiaries led one of our beneficiaries taking a lead position in the group performance in the Grand Finale. They got an opportunity to be part of various workshops, put multiple shows as solo performance as well as group performances before large audiences.

The Journey was filled with experiences and new learnings when the beneficiaries returned back to India they shared their experiences and learnings with their fellow mates. They projected an improved behavior and confidence and communication skills. The beneficiaries also got an opportunity to show case their performance to the fellows at the organization during Annual felicitation programme.



Performane in Brave Kid's Festival

Participation of beneficiaries in the state level Karate Championship:

Twelve team members who are regular at the practice sessions of Karate, became part of the tournaments for the first time ever and to utter amazement, each participant of the twelve, bagged at least one medal in the Karate championship. It was a proud moment for the organization and all the beneficiaries as three of the them won gold, six-won silver and seven-won bronze medal in the tournament which consisted of around four hundred participants.



Karate Championship

Annual Performance of Drama & Music:

Annual drama was organized especially for mothers of Udaan team members, other Umeed beneficiaries and guests. The annual drama consisted of two dramas' namely Life of Savitri Bai Phule and clowning act on the life in Mumbai city. The annual drama event was conducted smoothly. There were certain glitches in the drama presentation by the beneficiaries on the life of Savitri Bai Phule but they did not fail to communicate the message of gender equality to the audience. The clown act presentation by the other center beneficiaries was a satirical piece of act which was hilarious as well as thought provoking at the same time. It was relatable to the audience and guests as it comprised of the daily struggle faced by people thriving in the city of Mumbai.

The commercial drama "That's How We Feel" presentation took the annual drama event a step ahead. This drama presentation made audiences laugh and ponder at the same time about how women feel upon being objectified and sexually harassed. The audience greatly enjoyed group music presentation by the Udaan beneficiaries as it included beneficiaries playing musical instruments and singing by themselves.

The Annual Event reflected the spirit of team work among young and old Udaan beneficiaries. It also provided a platform to the beneficiaries to show case their talent in front of a greater audience. The mothers of the beneficiaries were over whelmed with the growth seen in their children. They felt proud and were encouraging throughout the event. The feeling was vice-versa as the children projected immense excitement in showing their mothers the skills they had acquired through their stay in AAWC.



Annual drama event

Annual Picnic:

Annual picnic for Udaan and Umang beneficiaries was conducted in Tikujiniwadi a fun resort. Starting from Music Train to boating children had a new and different experience. They enjoyed undertaking varied rides. Breakfast and snacks provided was also relished by the children. Surprisingly except one beneficiary no other beneficiary was scared or reluctant to play on the rides. They also got to see various fish, birds and animals which were kept in the small zoo at the park. Beneficiaries were amazed to see the Rabbit and big Brazilian parrot. The greenery, and breezy air made all the beneficiaries re-freshed and joyful. It was indeed a good gateway for all.

The Umeed beneficiaries were taken for annual picnic to Nasik Shri Trimbakeshwar temple. The beneficiaries spend a relaxing time and enjoyed the meals that were provided. They enjoyed all through the journey as well. They were seen talking to other women, singing and dancing, clicking pictures, praying at the temple and shopping in the market. The entire day was fun filled and gave them an opportunity to venture out of the area leaving all the worries behind.



Annual Picnic for Umeed, Udaan and Umang

Annual sports:

Annual Udaan sports was conducted which involved enthusiastic beneficiaries participating in various sports event such as running race, kangaroo race, lemon and spoon, book balance, relay etc. The beneficiaries were very sporting and used various strategies to win the races. Prize distribution ceremony was organized for all the winners and a special award was presented by Manju Ma'am and Sarbani Ma'am to the best sports person. Sports day was conducted with Umang beneficiaries wherein the beneficiaries were very excited to participate in all sport events. The toddlers performed well and also received various prizes for their win. The sports event being conducted with Udaan and Umang beneficiaries add to the confidence amongst beneficiaries this year it was noticed that beneficiaries participated in various sports competition in school and have won medals and certificates for the same.



Annual sports for Udaan

Felicitation programme:

To felicitate and motivate team members for their participation in yearlong activities Udaan felicitation programme was conducted. Beneficiaries successfully put up an excellent show in terms of planning and presenting their acts. The objective of the program was seen getting fulfilled when few team members who receive prizes for various categories even broke to tears of happiness for being recognized for development in academics, vocations and in terms of ethics and discipline. A positive impact has been visible after the commencement of the felicitation programme. It's been seen there has been a significant increase in motivation and drive to perform well in various aspects. Teams that lagged behind in performing duties at the centre have started diligently performing their duties. There has been participation, initiative taking and leadership enhancement among team members because of felicitation.



SNIPPET OF ALL THE HEALTH CAMPS CONDUCTED IN 2019-20



Medical Camps:

General Health Camp- General health camp was conducted in Kamathipura center in collaboration with Health Department of BMC E ward. The doctors had come for check-ups along with medicine it was observed that the beneficiaries were not hesitant to tell the health issues they were facing such as skin infection, headache etc. The beneficiaries were checked and were prescribed medicines according to the issues they were facing. During the camp Udaan and Umang beneficiaries who were suffering from mild, seasonal cold and cough, got checked up and medications were accordingly provided. Other medical camp was conducted in the Falkland road center in collaboration with Lion's Club of Bombay Crescent- health Clinic. The doctors conducted a thorough examination of the beneficiaries and prescribed medicines. Umeed beneficiaries found it the camp useful as they shared that for normal health issues they can't afford to go to government hospitals, hence coming here at the center is much easy.



General Health camp

Dental Camp- Two dental camps were conducted for the Umeed, Udaan and Umang beneficiaries. During the camp the beneficiaries were thoroughly checked and were provided with a dental kit. The dentists were happy and satisfied to know that our Udaan and Umang beneficiaries were following a two time brushing routine everyday which has helped them to maintain their teeth healthy. After the check up camp a dental care awareness session was also conducted wherein the beneficiaries were showed how they can keep their teeth always healthy. The session was interactive which kept the beneficiaries attentive throughout.



Dental camp

Oral cancer detection camp- Oral cancer detection camp was conducted in the area for our Umeed beneficiaries. It was noticed that majority of women had oral issues as they have been consuming regularly substances such as gutka, tobacco, paan. Therefore, doctors advised them personally to stop/ reduce consumption of such items. Only a few women had no concerns at all as their oral hygiene was good.

Eye camp- An eye camp was also conducted for the beneficiaries in the centre for Umeed, Udaan and Umang beneficiaries it was noticed that very few beneficiaries required spectacles which was allocated to them. Few of our Udaan girls did require spectacles which were provided to them on an urgent basis. The camp did not only consist of checkup but it also included a wide variety of spectacles that the beneficiaries could choose at a reduced rate. It was observed that many Umeed beneficiaries were enthusiastic about the camp but some of them were hesitant to get the check-up done on the first go.



Eye camp

Immunization camp- Immunization camp was conducted in collaboration with Nair hospital. The team of Nair hospital provided vaccinations to beneficiaries and also looked into the immunization card. Along with immunization they were also explaining the mothers the importance of completing the immunization process of children. Information with regards to immunization is an important service that helps outreach workers to build rapport with the women in red Light area, also to find out potential beneficiaries of Umang and Udaan. It is observed that Mothers of new-born babies are careless about the child and due to ignorance, they either misplaced the vaccination book or just forget to bring the child to Primary health care centre for vaccination. Constant follow ups by outreach workers bring the mothers to the camp and make them realize the importance of getting the beneficiaries vaccinated.



Immunization camp

Camp for application for ration card:

A camp was organized in the centre in collaboration with the 'Rationing & Civil Supplies Department' – Maharashtra State Government in the centre to provide ration cards to the needy beneficiaries. As AAWC team had done the back-ground work beneficiaries, did not have to undergo much hassle with the documentation process. The camp went smoothly and the Government officials appreciated the efforts taken by the Organization.



Ration card application process

Fashion designing and Tailoring session:

The Umeed beneficiaries were introduced to tailoring and fashion designing class. These classes took place three times in a week. The resource person in the training session utilizes simple techniques to teach the beneficiaries which makes learning faster. The beneficiaries enrolled have an interest in the programme and initiative is taken by them to practice even on other days. The beneficiaries have learnt to make small caps for the new born babies, bags, handkerchief, mask etc. Learning of new things in the classes fills the beneficiaries with positivity and boost their confidence to open their own tailoring classes one day.



Fashion designing for Umeed Beneficiaries

Exposure Visits:

Exposure visit to DHL express:

Udaan girl beneficiaries were taken for exposure visit to a corporate DHL. We are grateful to Mr Aman Bhalla and Mrs Sarbani Sengupta from DHL for arranging the visit. The beneficiaries learnt about the work of DHL across the globe. They got oriented to the functioning and operations of the service centre. They also observed the work ethics lingering in the office environment. The girls were interrogative as well as responsive throughout the visit. The DHL staff members were impressed by the girls because of their confident personalities, kind and respectful attitude.



DHL express visit

Live music event at Billawa Bhavan, Santa Cruz:

The Udaan girl beneficiaries were taken to Billawa Bhavan for a live musical event in which they observed the live show and expressed their interest in preparing and performing a similar show. Not just the lead singer, but the beneficiaries also observed and appreciated the performers who were playing instruments in the background and appreciated the energy that was put into the live show by all performers. This understanding and respect for all the elements that make up a live show has developed among beneficiaries due to exposure they receive about music and its elements in the regular music sessions.



Live music event at Billawa Bhavan

Exposure visit to the naval dock:

As part of the exposure the beneficiaries were taken to the Naval dock in order to know about the Indian Navy Ship and its role in defence services. The beneficiaries observed the old ship's machines, modules and were informed about their role. They also saw photographs of various ships but it was observed that the beneficiaries could not grasp much about the importance of the ship and its functioning.

Workshop at CSMUS:

The beneficiaries were taken to CSMUS (Chhatrapati Shivaji Maharaj Vastu Sangrahalaya) for summer workshop wherein they learned about different artistic forms such as landscape building, printing with sunlight, landscape painting with garden waste along with this they also got an opportunity to make solar powered toy and experience object theatre.

At the occasion of world environment day, the beneficiaries participated in workshops in CSMUS where they learned about beej (seed) ball making and ill effects of water pollution. They also got an opportunity to see different sculptures and understand to which Indian state it belonged. Story telling session by using objects and children museum visit was part of the workshop.

To expand the knowledge of beneficiaries in the workshops organized at CSMUS museum the beneficiaries received an opportunity to learn the process of traditional art of painting coconut masks from Andhra Pradesh, learnt basic hand mudras of Kathak, and observing intricacies of paintings in the museum. It was noticed that the beneficiaries enjoyed the sessions and were really happy with the way they got exposure.

To sensitize beneficiaries upon celebrating the Ganesh festival in an eco-friendly way the beneficiaries got an opportunity to learn to sculpt an eco-friendly Ganapati they also recited the story of Ganapati in a child-friendly manner, by making use of facial expressions, hand gestures, voice modulation and catchy lines. This made the team members pay undivided attention, as well as made the session enjoyable. The beneficiaries also participated in the clock making workshop. As the activity was new for our beneficiaries they were eager to learn the process of making it due to their attentive behavior they grasped the making very soon. Our beneficiaries were pushed to make Unconventional clocks. After the participation of beneficiaries in the workshop it was noticed that the elder Udaan beneficiaries tried to teach the same eco-friendly Ganapati to the younger beneficiaries which showed their interest in the task.



CSMUS Workshops

ISRO Exhibition:

The beneficiaries were taken to a ISRO exhibition to attain knowledge about space technology. The children during their visit learned about the latest space mission by ISRO, Chandrayaan- second, about the outer space and the planets. During the exhibition we faced a challenge wherein due to lack of a resource person the beneficiaries could only grasp whatever information they could by seeing video sand models on their own. The staff member and the volunteers tried providing the beneficiaries to best of their knowledge related to space technology. But having a resource person would have intensified their learning experience.

The American Library:

The beneficiaries were taken to American Consulate Dosti House for a tour of the American Library. The beneficiaries were given a detailed tour of the library along with information regarding what are the various sections in it & how it functions. The girls were excited to see such a big library and were trying to relate the library with their school library. Post the tour the beneficiaries were shown "Brave" an animated Disney movie.

Introduction of Child internal committee meeting:

The objective of introducing child internal committee meeting is to enhance the participation of children in decision making process at the centre level. The committee meetings make the beneficiaries comfortable in talking in a group and make them confident to put forward their view point they openly share about what they are learning in the centre as well as share the varied issues that they are facing. It has been noticed that the beneficiaries during the child internal committee meeting freely discuss about what they like in the centre or any issues they would like to address this in turn is improving the understanding of the beneficiaries that they are developing of being good leaders.

Introduction of Commercial drama:

This year commercial drama was introduced to seven of our Udaan beneficiaries. The girls belonged to the group known as Red Nose Juniors, they underwent rigorous training which had aspects like bringing openness to one's personality, freely expressing oneself, feeling emotions at an internal level and bringing intensity to expression of those emotions, improving rapport, developing team work, and building trust among each other. Mr. Rupesh Tillu and his team members from Red Nose Entertainment Mumbai worked upon the above aspects with the participants and honed up their skills to a professional level. Thus, leading our seven girl beneficiaries performing clowning acts across the cities, in theatre festivals, corporate houses as well as for NGOs.

Shelter home activities:

In the shelter home the beneficiaries follow a set time table starting their morning from exercises/walks, breakfast followed by studies, varied fun based educational activities such as competition between groups to find a particular word while newspaper reading, empowerment activities, recreational activities etc, lunch , afternoon rest for younger beneficiaries, tuitions, music classes, dinner, journal writing in the night. All the activities are conducted in groups each group has a leader that ensures that all the task are performed well. The beneficiaries attain stars for good performance which leads them to attaining rewards at the end of the month. The group with the highest star get an outing/ movie/ lunch of their choice. It has been noticed that the shelter functions in a systematic manner and all the beneficiaries enjoy their stay along with each other as it provides them a homely atmosphere.



Commercial drama performance



Child internal committee meeting

CHALLENGES FACED IN THE YEAR 2019-20

- Passport making & acquiring visa for the girls going to Poland to participate in Brave Kids International children festival due to lack of having sorted documents and are single parent child.
- Unable to enroll any more children/girls in day or night shelter due to lack of space at Kamathipura centre.
- Sudden notice to evict the Khetwadi centre rooms due to severe water seepage and dilapidated condition of the building and shift to another BMC (Bombay Municipal Corporation) building. Shifting Khetwadi 3 rooms items during the heavy rains and accommodating in 1.5 room size. The newly given rooms were lacking in proper basic amenities such as electrical wiring, personal drinking water tap connection, etc., for any fittings we had to make multiple visit of municipality ward offices to obtain their permission. Shifting and setting up the newly acquired rooms took almost three months.
- Newly given rooms are little far from the previous rooms causing drop out among the children and girls.
- Being shifted to a new centre in Falkland road posed a challenge of decrease in beneficiaries in the centre hence steps are being undertaken to overcome this challenge through rigorous outreach and identifying potential beneficiaries for AAWC services.
- During outreach the dark and dilapidated condition of the building create a big challenge for our outreach workers during the field visit as they have to face various situations such as drunk men carrying small shaving blades, broken stairs, strewn filth, stray dogs, rodents, with no sunlight reaching the building even during the day time further increases the risk to them. The darkness in the building also makes it difficult for our outreach workers to locate the beneficiaries. The women beneficiaries frequently change their places without informing us which hampers the services being provided especially medication for Tuberculosis, ART treatment or other important follow ups.
- AAWC receiving information with regards to one of the boarding homes closing down due to financial crisis providing a very short notice period to us. The beneficiaries referred by AAWC to the boarding home needed to be shifted as soon as possible hence quick planning and steps required to be taken by AAWC in order to provide the beneficiaries with a safe and secure home taking into consideration that their education is not hampered.
- Sudden lockdown due to the global pandemic posed many challenges towards the organization as the entire system had to be streamlined. Varied challenges such as health of beneficiaries in the centre, work from home, meeting the rising need of beneficiaries in the area etc.

STAFF CAPACITY BUILDING

POCSO Training: The training was conducted twice once with the support staff in order to develop their knowledge and the senior staff to sensitize them about POCSO Act. The session was interactive, provided an open platform for the participants to raise doubts. The staff members learnt about signs that are to be kept an eye upon for identifying a victim of sexual abuse. They have also gained knowledge of the law that is in place for protection of children against sexual abuse.

Crisis Management and work Ownership: The training was conducted by Mr. Adrian Rosario to explain the staff how a crisis can be managed and importance of work ownership. Through this training session the Staff learned about the importance of being alert and proactive and through the group activities staff realized that trust is the most important thing while working in the team. Discussion with regards to attributes of a good leader was also done.

International Child Resource Institute Teacher's Training: The ICRI training sessions are conducted in order to train the teachers in various skills of teaching keeping in mind the perspective of the child. Through this training teachers learn varied innovative techniques of imparting knowledge to the beneficiaries and understand the essence of every child's need and level of grasping knowledge. During the training session the teachers learnt how to help a child overcome his limitations and inhibition and learn things faster.

Training session conducted by the occupational therapist: Aimed to familiarize the staff with Child Psychology and counselling and the process of learning among children. The session involved making the staff familiar with the importance of five senses in children, the importance of sense of balance and sense of movement. The staff members brought forward all the activities that they are conducting with the beneficiaries to familiarize them with their senses. The participation of the staff and efforts were appreciated by the therapist. The occupational therapist introduced the staff with various techniques of stress management amongst children as well as the staff themselves. The techniques taught was easy to implement. The techniques taught have made it easier for the staff to handle children sensitively with behavioural issues.

Training on “Work Ethics and Responsibility” and Stress Management. During the training the resource person conducted various exercises and games to engage the team. The staff participated whole heartedly they were quite open and expressive which made the session interactive. The staff members learnt about team work and maintain a healthy work relationship by helping one another. - Tata Mumbai Marathon philanthropic structure launch workshop attended by Fundraising & Communications Manager.

One stop centre: Training session on One stop Centre organised by Department of Women and Child development was attended by outreach team. One stop centre is being started by the DWCD at KEM hospital for women/victim of any kind of abuse who need any sort of help. It’s a multidisciplinary centre where doctors, social workers, lawyers will be there to guide woman who need their support.

Introduction of Talking yak application for staff -The app was introduced to the staff to help them learn simple English and improve their communication skills. The staff found the application easy to use and understand.

Training workshop on Disaster Management: Through the disaster management workshop staff learned about a few steps that are most efficient while facing any kind of disaster such as keeping calm, thinking logical, not believing any kind of rumours as well as not spreading any kind of rumour etc. They also learnt the difference between fire extinguishers type A, B, C, D etc. and method of using these extinguishers. They also received knowledge of various helpline numbers which can be utilized during an emergency situation.

A Legal advisory workshop was conducted by Mumbai Patrakarparishad and Swayam Foundation. During this training the staff learned about the National Legal Services Authority through which staff can get legal support for matters like trafficking, commercial sexual exploitation and more.



Staff capacity building training

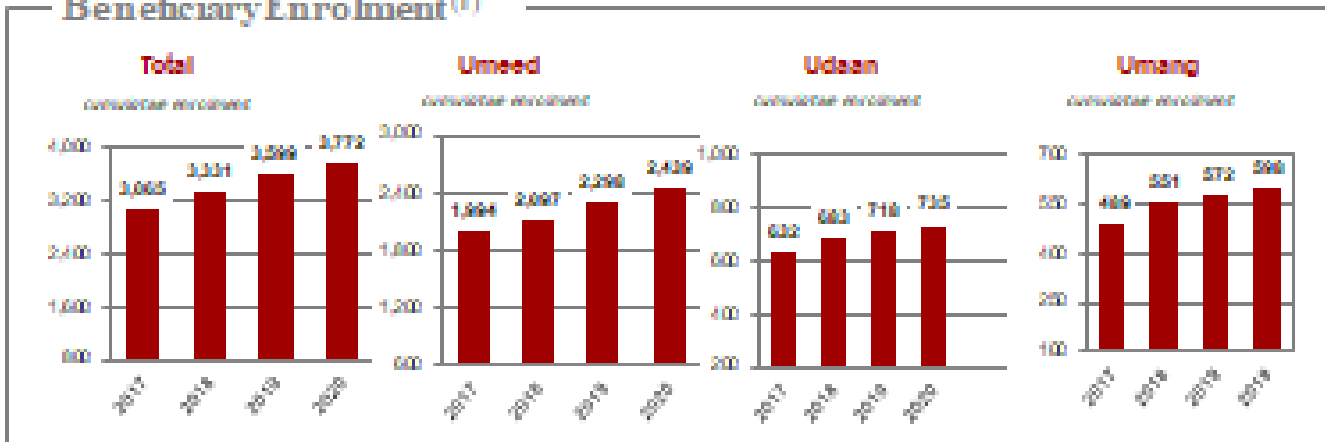


Impact

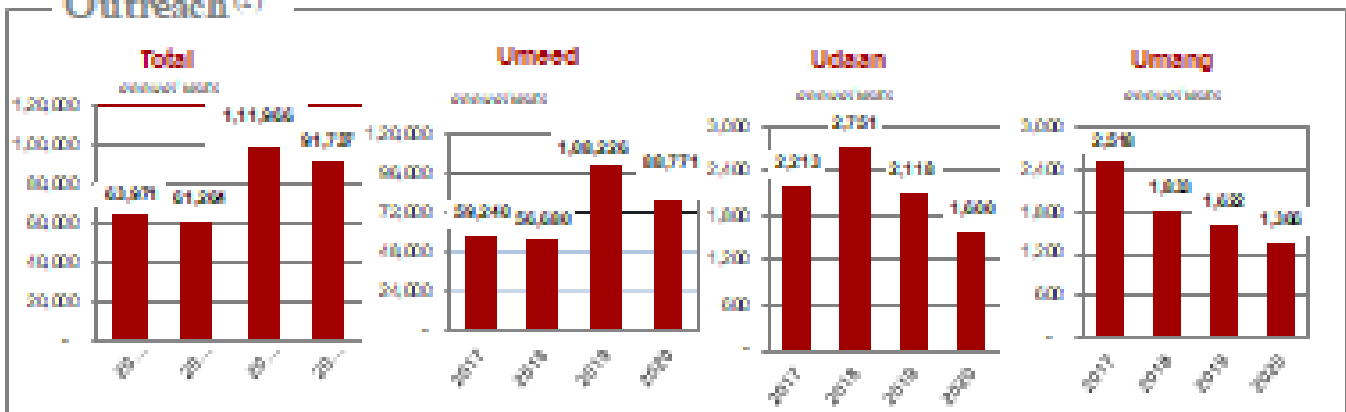
Statistics

For financial year ending 31 March 2020. Please note some statistics may differ slightly from those reported in FY 2018 to 2019 Annual Report due to an updated monitoring methodology.

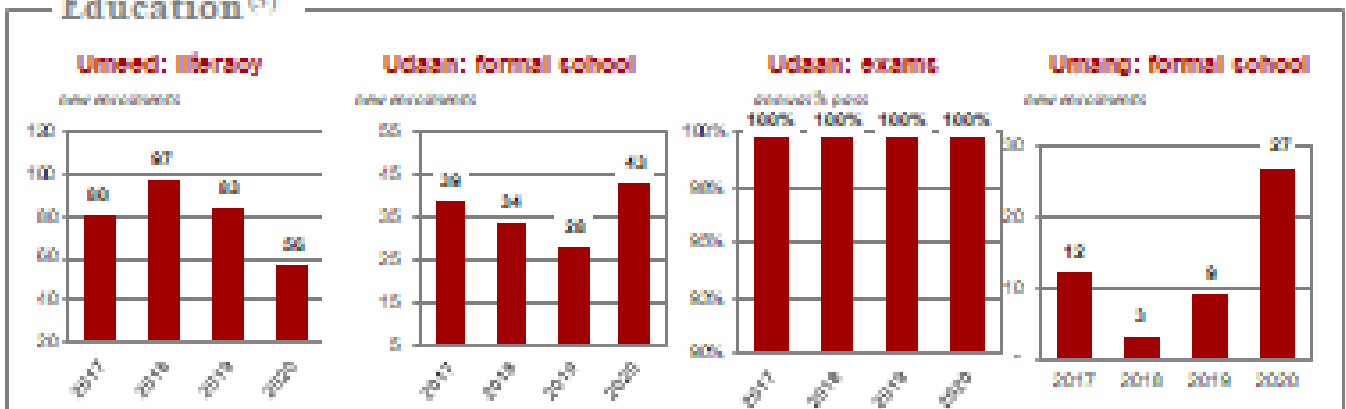
Beneficiary Enrolment⁽¹⁾



Outreach⁽²⁾

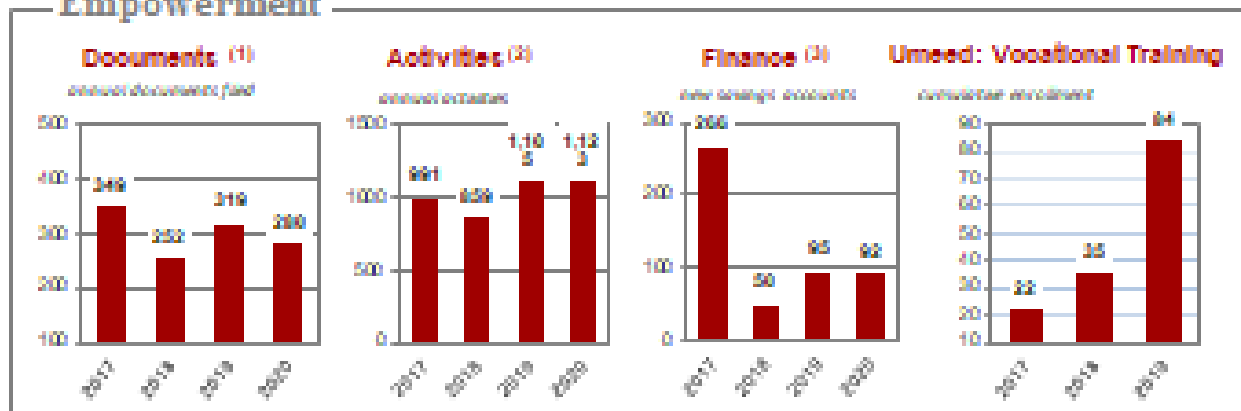


Education⁽³⁾

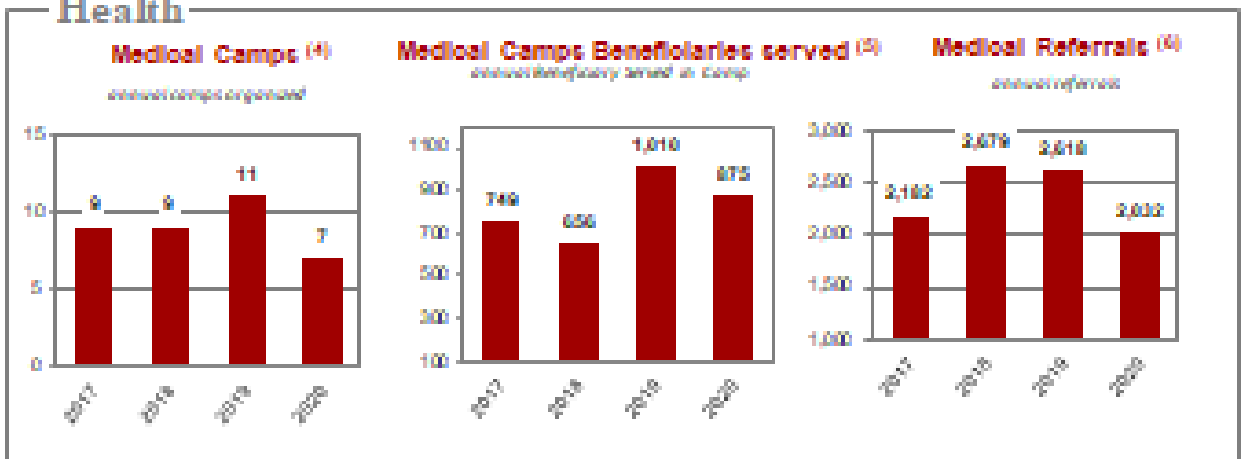


1. As of 31 March 2020, AAWC has served more than 3,772 individuals, including non-beneficiaries.
 2. Includes visits by field team to beneficiaries' homes, boarding homes, as well as visits by beneficiaries to the AAWC centre.
 3. School year begins in June (second quarter).

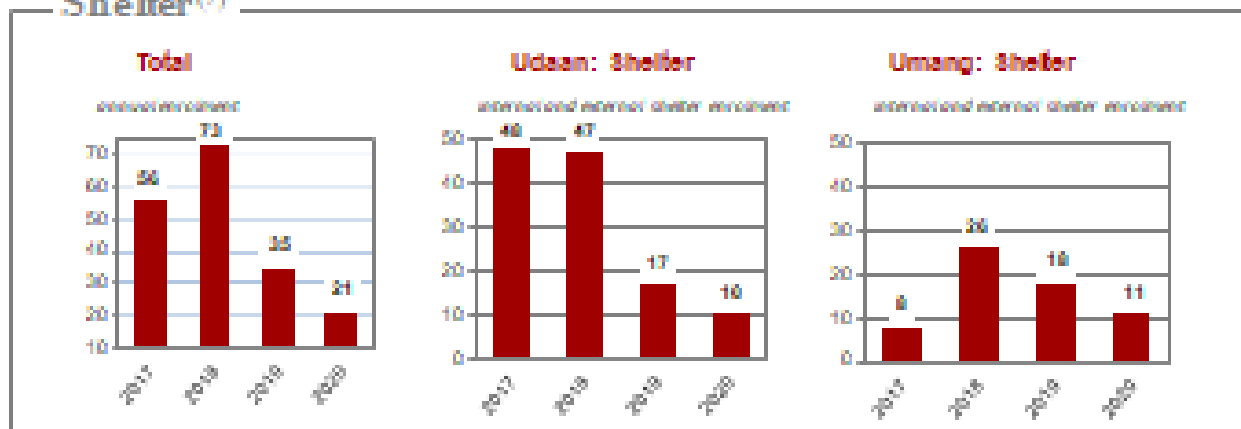
Empowerment



Health



Shelter (7)



1. Documents include Ration card, PAN card, Aadhar card, generic drugs, health card, voting cards, birth certificates, birth affidavits, general affidavits, and death certificates and other services provided.
2. Activities include all workshops and excursions for legal awareness, general health knowledge, reproductive health knowledge, government schemes awareness, creativity development, career exploration, life skills development, professional skills development, physical fitness, human rights awareness, recreation, and other extracurricular purposes.
3. Savings accounts include formal bank accounts held at the Bank of Maharashtra.
4. Medical camps include general health, dental, vision, and immunisation camps.
5. Beneficiaries covered in medical camp direct and indirect beneficiaries.
6. Medical referrals are provided to ensure beneficiaries are properly treated at hospitals, where they are often denied service due to discrimination.
7. AWC night shelter for Udaan and Umang Program is located in Kamathipura, while external shelters are located throughout Greater Mumbai.

ACCOLADES



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For social good- 2019



**Inspire Awards
Manju Vyas-2019**



**Women icon Award
Manju Vyas, 2018**



**CERTIFICATE OF MERIT
World CSR congress Award -
2017**



**Global Giving- Top ranked
certification
2016**



**GuideStar India NGO
Transparency Awards
March 2016**



**Receiving of Gulabrao
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- **Kricket Soho Limited**
- **Labelcentric Luxury Enterprises Pvt.Ltd**
- **Mumbai AIDS Forum**
- **Municipal Corporation of Greater Mumbai Office**
- **NPO Supporting Nursery Schools in India**
- **Nair Charitable Hospital**
- **Naujeevan Centre**
- **Nirmala Niketan College of Social Work**
- **Oasis India**
- **Pelicans automotive and promotional products Pvt.Ltd**
- **Prerana**
- **Raymond**
- **Rotary Club of Mumbai**
- **Sahacharl Foundation**
- **Salaam Baalak Trust**
- **Salvation Army**
- **Samhita**
- **Selan Exploration Technology**
- **Shreyas Shipping and Logistics LTD.**
- **Small Change Ngo**
- **SNDT Women's University**
- **SOS Children's Village Alibaug**
- **Spenta Multimedia**
- **State Street**
- **Tata Trust**
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- **United Way of Mumbai**
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Hours: Monday – Saturday, 11AM – 7:30PM

Kamathipura Centre

Phone: +91 22 2308 3326

**Address: 61-B, Room No. 6, Ground
Floor, Shankarrao Pupala Marg,
11th Lane Kamathipura,
Opposite Pochammadevi Temple, Mumbai
400008, India**

Hours: Monday – Saturday, 11AM – 7:30PM (day centre), 7PM – 10AM (night shelter)

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